Nursing Preceptor PD Day **Generational Diversity:** Challenges and Opportunities

Welcome!

Generational Diversity and Coping Strategies: a Foundation for Nursing Preceptors

Saturday | March 4, 2023 | 8:30 AM - 2:30 PM | In -Person or Zoom | 208 Garfield St. S Tacoma, WA | Thomas Handlan, PhD, MA, BA, Vanessa Tucker Ph.D., BCBA-D, LBA, And More |Register https://www.plu.edu/ccnl/current-offerings | Cost \$150.00 Virtual \$125.00 | Contact Hours 5.25

Best practices for precepting nurses with challenging behaviors, including case scenarios. Better understand effective feedback techniques. Learn workflow management skills to apply while precepting. Practice coping skills for dealing with stressful situations. Acquire communication and behavioral strategies for precepting nurses from different generational groups.

All Rainer Olympic Nurses Association members have a 50% discount off the registration.







Agenda

What is generational diversity?

Why is it an issue?

Behavioral perspectives?

What are the challenges?

What are the potential opportunities?

Communication and Behavioral Strategies

Embracing and valuing each generation for its strengths and recognizing generational diversities in the workplace will help create a dynamic, rich, engaging, and fulfilling work environment in which all nurses feel valued and supported by their team.



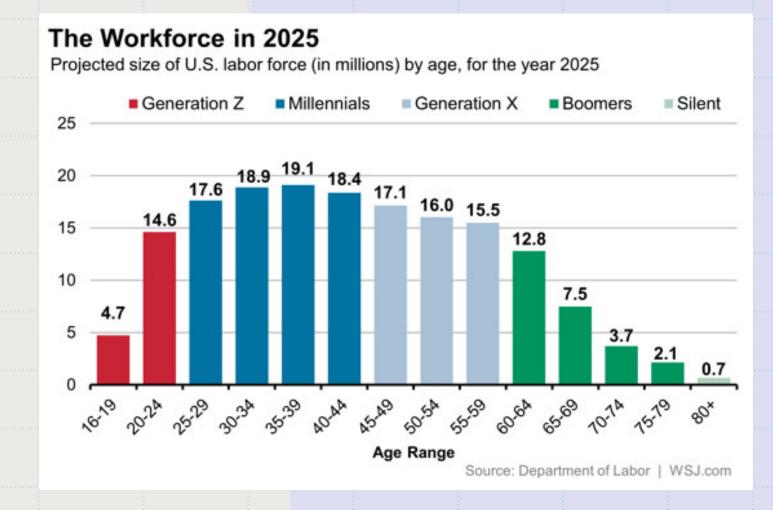
Generational Diversity

Nursing environments can have up to 4 generations of nurses working in one setting (very rarely, a 5th)

Baby Boomer Generation X Millennials (Generation Y)

Generation Z

Visual Breakdown of the Workforce



What is Generational Diversity?

- The phenomena of different generations working together, and potentially:
- Finding commonalities
- Experiencing differences
- Differences which "might" be generational
- Within a culture that supports or does not support (reinforce) active collaboration, teamwork, fairness and problem solving

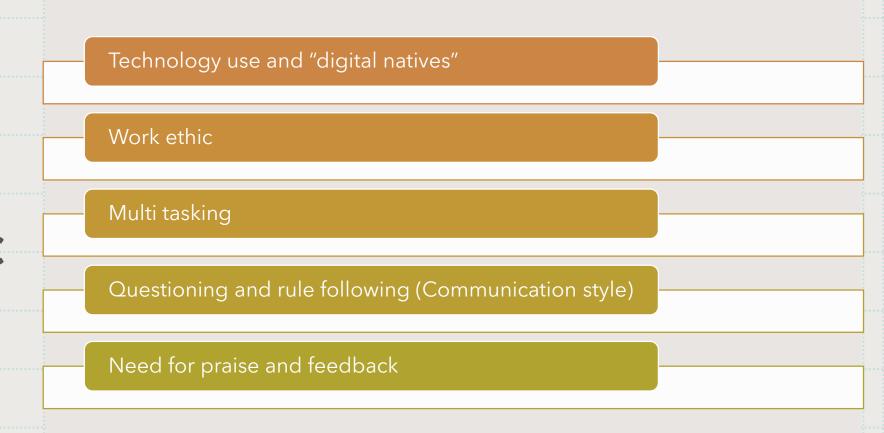




Four Main Areas:

- Workforce differences in:
- Attitudes
- Beliefs
- Work Habits
- Expectations

What are some classic differences?

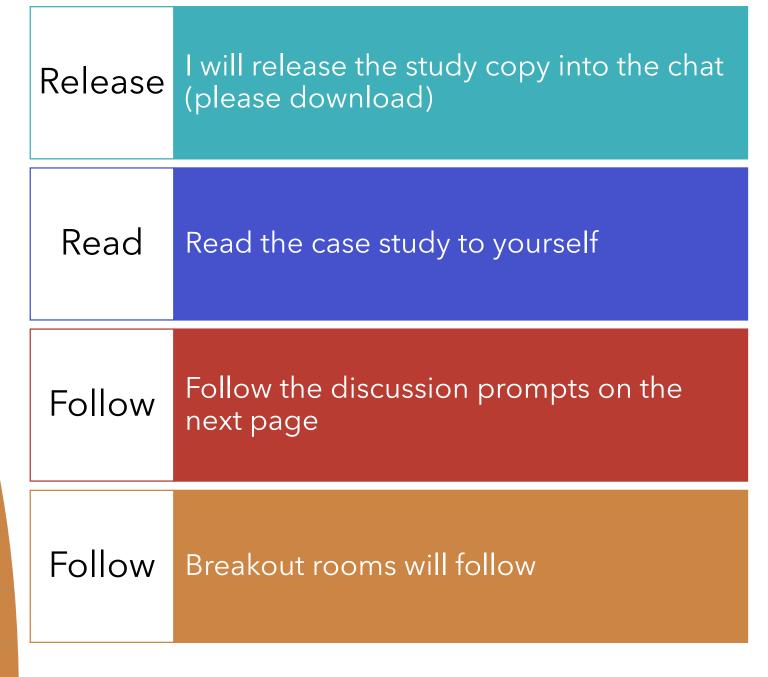




A GUIDE ON RESPONDING TO BULLYING IN NURSING

HTTPS://NURSESLABS.COM/NURSES-EAT-YOUNG-RESPONDING-BULLYING-NURSING/

Let's review a case study



After reading the case:

- What were the sources of conflict?
- What was preventable/avoidable?
- What "triggered" it all?
- Where do you see yourself in that case?





Setting Events	Antecedents	Behaviors	Consequences	Feelings
Julie: New learner Studied up the night before On time arrival Excited for new opportunity	Sees Nancy and scrub nurse Other: Different goals, different communication style, different work ethic	Informs Nancy of her intentions. Tells Nancy she has worked with difficult surgeons, no big deal. Begins pre-op assessment, leaves setup to Nancy. Rearranges materials.	Ends up on the periphery, no clear plan	Resents Nancy for not trusting her and appreciating her contributions
Nancy: Senior RN Prompt/early arrival	Sees Julie-arriving at 715 Other: Different goals, different communication style, different work ethic	Tells Julie that surgeon is difficult, that she should just watch/wait to help. Told Julie to help with count. When asked to go and get missing items, refuses.	Attempts to gain control of the situation as senior RN	Anger-feels that she's doing all of the work

"Antecedent conditions, such as incompatible goals and differences in values and beliefs, can drive a situation toward conflict (p. 16)."

Interpersonal issues are often one of the biggest problems that employers face when dealing with generational diversity. When employees who are decades apart in age work closely together, they can sometimes have trouble getting along—not to mention that conflict reduces employee engagement and decreases productivity.

Positives First!

GENERATIONS: Best Work Traits



Optimistic Enjoy mentoring Strong work ethic



Independent Innovative Strong communicators



Tech-savvy Collaborative Focused on the greater good



Digitally fluent Practical Flourish in diverse workforces

Different Work Ethic Styles

Multi-generational working styles: a snapshot

Traditionalists

(Pre 1945)

Believe in hierarchical management style.

Strong work ethic and loyal to their company

Slow to adapt to new technology

Boomers

(1945-1960)

More reserved in communication style

Value **traditional** instructor-led courses or self-learning tools

Top qualities for a manager are being ethical, fair and consistent

Generation X

(1961-1980)

View change as a vehicle for **opportunity**

Embrace a hands-off management policy

Entrepreneurial spirit and results-oriented

Millennials

(1981-1995)

Looking to be **coached or mentored**

Prefer collaborative and technology-centric training

Aligning with **company** values is key

Generation Z

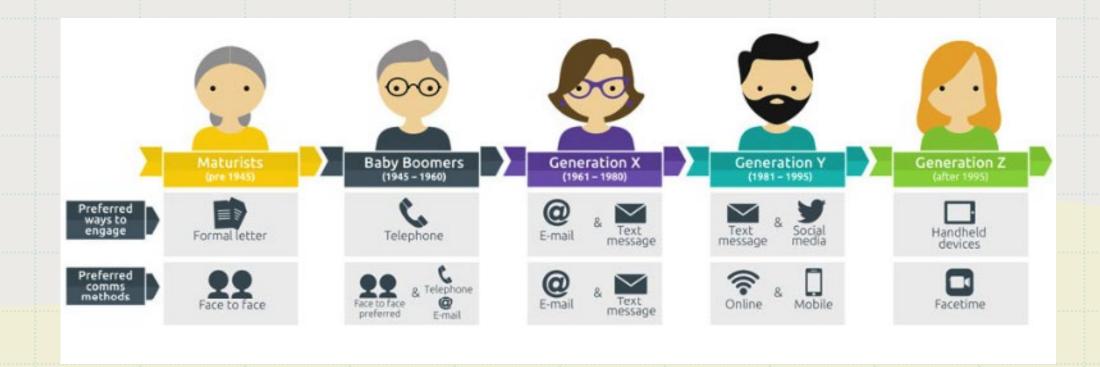
(Born after 1995)

Accustomed to **change** and expect it in the workplace

Value in-person interactions

Look for **feedback** on a frequent, ongoing basis

Different Communication Styles



Conflict Management: What's a Leader to Do?

- Avoid stereotyping different generations
- Appreciate unique contributions
- Encourage mutual respect for generational diversity
- Draw upon and leverage differences to enhance teamwork in any setting
- Provide for proactive mentorship



Managing Conflict

Let's go back to the case

How could the conflicts between these two nurses get resolved?

How is this influenced by leadership?

By workplace stress and dynamics?



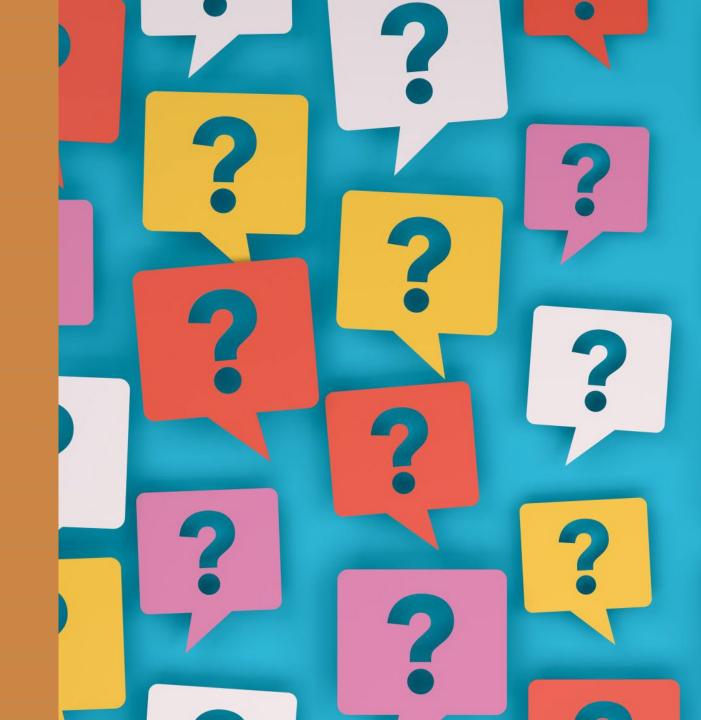
The 3 C's:

- Communication
- Commitment
- Compensation



Communication

- Self recognition: What are my communication preferences?
- Other recognition: How do others prefer to communicate?
- Interaction recognition: Could those be in conflict?
- Perceptions: Don't speak unless spoken to, vs. other styles...



Understand yourself...and others

Nancy and Julie both identified that they have very different working styles, communication abilities, and approaches towards patient care which has resulted in the on-going deterioration of their working relationship. They have learned that the misconceptions about their values and work ethics were a major source of friction between them on that particular day and possibly on many others. Nancy and Julie agreed that understanding and appreciating generational differences would be vital...(but it isn't the final answer!)...

Benefits of Generational Diversity

Multigenerational nursing workforce can lead to innovations in problem solving

Greater understanding of populations (ability to relate to different age groups increases)

Potential for learning from each other (if prompted and reinforced)

Opportunity for mentoring!

Thank you for what you do for patients every single day!

You are appreciated, and know that we are grateful for your care.

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