

CULINARY WEEK

April 8–12, 2019

All Week – Free Classes

Tuesday – Free Lunch

Friday – Commons on Fire
Culinary Competition

Quick & Easy Desserts Hosted by Kim & Javier

Rice Krispies Treats In The Microwave

Ingredients

40 Large Marshmallows
(or 10 oz. bag)

3 Tablespoons of Butter*
6 cups of Rice Krispies
Non-stick butter spray

*can be omitted for a fat-free snack...but a little butter never hurt anyone, right?

Instructions

Pour the marshmallows into a microwave safe bowl – add 3 cut-up tablespoons of butter (be sure to mix the butter in so that marshmallows cover it up).

Microwave for about 1 minute. Stir. Microwave for another minute. Stir again. If it's still not a very thin, melted consistency (like here in my marshmallow fondant), repeat at 30 second intervals until it's all melted and smooth.

Stir in Rice Krispies until they're evenly coated. If they're too gooey, add a little more cereal*.

Next, spray a 9"X13" dish with non-stick butter spray or coat the pan with butter.

Now..here's a fun tip! Also, take a spatula with a very flat turner and coat the underside with butter or butter spray – that way the cereal won't stick to it when you're spreading it out! Pour the cereal mixture into the dish, then take the back (flat) side of the spatula and spread the cereal and flatten it. It works beautifully!

At this point you can (if you must) let this 'set' for a few minutes and cool...OR you can eat warm, sticky, yummy Rice Krispie treats right away! All in all, this takes less than 10 minutes (more like 5), and if you wash your bowl immediately, the clean up is SUPER easy!