

# Monthly WEBINAR

Employee Assistance Program  
March 2025

1hr  
WEBINAR

## Critical Thinking

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The ability to make good decisions quickly and to creatively solve problems is what sets some people apart. In fact, for many employers, it is often the most sought after skill set.

We all encounter a high volume of information every day. How do we know what is most important or reliable? Though most credit their ability to think critically with their experiences in school, can we cultivate this capacity in our daily personal or professional lives? The answer is yes!



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