

**PLU Honor Orchestra for Strings**  
Sarah Ioannides, *guest conductor*

Sunday, January 19, 2025 at 6pm  
Lagerquist Concert Hall, Mary Baker Russell Music Center

Pacific Lutheran University  
The College of Professional Studies and School of Music, Theatre & Dance present

## PLU Honor Orchestra for Strings

Sarah Ioannides, *guest conductor*  
Sam Weiser and Marisa Ishikawa, *violins*  
Korine Fujiwara, *viola*  
Ariana Nelson, *cello*  
Chris Burns, *bass*

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Welcome to Lagerquist Concert Hall.  
Please disable the audible signal on all watches and cellular phones for the duration of the concert.  
Use of cameras, recording equipment, and all digital devices is not permitted in the concert hall.

### PROGRAM

**Danzas de Panama..... William Grant Still (1895-1978)**

*I. Tamborito*  
*II. Mejorana Y Socavon*  
*III. Punto*

**Pavane pour une enfant défunte ..... Maurice Ravel (1875-1937)**

arr. Jeff Manookian

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**String Quartet, op. 18, no.6 ..... Ludwig van Beethoven (1770-1827)**

*I. Allegro con brio*

**Når Mitt Øye, Trett Av Møye..... Traditional Norwegian Folk Song**

arr. Danish String Quartet

**Peasebottom (2007)..... Korine Fujiwara**

from *Fiddle Suite Montana*

Carpe Diem String Quartet  
Sam Weiser and Marisa Ishikawa, *violins* • Korine Fujiwara, *viola* • Ariana Nelson, *cello*

**Symphony No. 9, D. 944 ..... Franz Schubert (1797-1828)**

*Andante*

arr. Jeff Bailey

**Pizzicato Polka ..... Johann Strauss, Jr. (1825-1899) & Josef Strauss (1827-1870)**

arr. Robert D. McCashin

**Waltz No. 2..... Dmitri Shostakovich (1906-1975)**

arr. Paul Lavender

PLU Honor Orchestra  
Sarah Ioannides, *conductor*

## About the Guest Conductor



As a music director and conductor who is committed to diversity, collaboration, innovation, and education, **Sarah Ioannides** invigorates programming and inspires audiences. Praised by the *New York Times* for her “unquestionable strength and authority”, she is Music Director of Washington State’s Symphony Tacoma. As newly appointed Director of Orchestral Activities and Professor of Orchestral Conducting at the School of Fine Arts with Boston University she is also the Founding Artistic Director of Cascade Conducting & Composing, held at Pacific Lutheran University in Tacoma, WA. Born in Australia of Cypriot and Scottish descent, Sarah Ioannides trained in the UK (Oxford University, Guildhall School) and USA (Juilliard School and Curtis Institute) on a Fulbright Scholarship receiving degrees including a Masters in Music and a Master of Arts. Before assuming her role at Symphony Tacoma, she established a reputation as the dynamic music director of both the El Paso Symphony Orchestra and the Spartanburg Philharmonic. Since becoming the first woman to hold a full-time conducting position as Assistant Conductor of the Cincinnati Symphony Orchestra, her conducting career has taken her to six continents. She has appeared as a guest conductor with major orchestras across North America, among them the Buffalo Philharmonic, Charleston Symphony, Florida Orchestra, Hawai’i Symphony, Louisville Orchestra, North Carolina Symphony, Orchestre Symphonique de Québec, Rochester Philharmonic, San Antonio Philharmonic, Seattle Symphony (untitled series), and the Toledo Symphony. Beyond North America, Sarah Ioannides’ engagements include the Bilbao Symphony, Brussels Philharmonic, Daejeon Philharmonic, Gothenburg Symphony, Konzerthausorchester, Malmö Symphony, Nordic Chamber Orchestra, Tonkünstler-Orchester, Orchestre National de Lyon, Royal Philharmonic, and Simón Bolívar Orchestra. Her extensive repertoire, which spans four centuries, has been enriched through her work with living composers, not least as the conductor of over 60 world, North American, and European premieres. She has collaborated with such figures as John Corigliano, Aaron J Kernis, Zosha Di Castri, Patrice Rushen, Bernard Roumain, Dario Marianelli, and Tan Dun, notably taking charge of the Australian and Greek premieres of his *Water Passion after St. Matthew* and acting as his assistant conductor with the Royal Concertgebouw Orchestra and BBC Symphony Orchestra. One of her earliest operatic projects was the European premiere of Stephen Paulus’ *The Woodlanders*. Among the conservatory orchestras she conducts are those of Yale University, Philadelphia’s Curtis Institute of Music, and Bloomington’s Jacobs School of Music, in addition to conducting and training young orchestras including NYO-USA (resident conductor), South African National Youth Orchestra, Youth Orchestra of Andalusia, and the Simon Bolivar Youth Orchestra. Ioannides sits on numerous advisory and community boards and served as panelist of the National Endowment for the Arts and delegate at the World Culture Summit in Abu-Dhabi. In 2024 she returned to the Dallas Symphony Orchestra’s Women in Classical Music Symposium.

## About the Clinicians

One of the most unique and sought-after ensembles on the concert stage today, the **Carpe Diem String Quartet** is a boundary-breaking ensemble that has earned widespread critical acclaim for its performances of traditional repertoire, new music, genre-bending collaborations, and community engagement. The Quartet appears regularly on traditional concert series stages like Carnegie Hall in New York City, Jordan Hall in Boston, The National Gallery of Art in Washington DC, The Accademia Chigiana in Siena, Suntory Hall in Tokyo, National Library Concert Hall in Beijing, and The BinHai Performing Arts Center in Tianjin, as well as in unconventional venues like Poisson Rouge in NYC, the Bach Dancing and Dynamite Society of Half-Moon Bay, CA, and the Mug & Brush in Columbus, OH. Carpe Diem defies classification with programming and collaborations that encompass and blend new and old classical, tango, folk, pop, rock, jazz, and multicultural music. The Quartet has contributed to and premiered works by composers from a variety of backgrounds and traditions, including Korine Fujiwara, Jonathan Leshnoff, Reza Vali, and Erberk Eryilmaz. Carpe Diem has also appeared in concert playing original charts by folk icons Jeff Midkiff and Jayme Stone and rock singer-songwriter Willy Porter. Devoted to expanding the reach and impact of community engagement, Carpe Diem has been awarded six transformative outreach grants from the PNC Foundation ArtsAlive Awards. The Quartet’s outreach performances incorporate diverse and eclectic repertoire tailored to specific audience demographics; use cameras, video, and artistic contributions to enrich presentations visually; rely on communication from the stage to introduce music and engage the audience; and explore fun, imaginative, and thought-provoking themes to connect audiences to chamber music. These carefully crafted performances have allowed the Quartet to reach underserved audiences including The Apache Nation, Ohio Women’s Reformatory residents, and families at the Columbus Museum of Art.





**Sam Weiser**, violin, formerly a member of the award-winning Del Sol Quartet, is a lifelong chamber musician and advocate of contemporary music. Sam has performed all over the country, from the Herbst Theater and the Kennedy Center to a raft floating along the Yampa River. He has premiered over 150 new works by composers such as Vijay Iyer, Huang Ruo, and Chen Yi. Sam is the violinist in sfSound, a member of One Found Sound, and the Assistant Concertmaster of the California Symphony. He studied with Ian Swensen, Lucy Chapman, James Buswell, and Patinka Kopec. He holds bachelors' degrees from Tufts University (computer science) and the New England Conservatory (violin), as well as a master's degree from the San Francisco Conservatory of Music (chamber music).

**Marisa Ishikawa** is a performer, entrepreneur, and educator located in Houston, TX. She serves as the second violinist of the internationally recognized Carpe Diem String Quartet. She has performed nationally in venues such as Carnegie Hall, The Kennedy Center, and Jordan Hall, and internationally in Italy, Switzerland, and China. With degrees in both music and business administration, she co-founded the nonprofit chamber music organization Austin Camerata. Since 2016, Austin Camerata has been dedicated to broadening the audience for chamber music through creative artistic collaborations, performing in unique venues, and inclusive concert experiences. She is also the co-founder of Opus 1 Chamber Music School, Houston's chamber music program for pre-college and adult students. Dr. Ishikawa holds music and business administration degrees from the University of Colorado Boulder and University of Texas Austin. In her free time, Dr. Ishikawa enjoys yoga and cooking her favorite recipes from NYT Cooking.



**Korine Fujiwara** is professor of violin, viola, and composition at Pacific Lutheran University. She served for many years on the music faculty of Ohio Wesleyan University and is in great demand for master classes and clinics throughout the United States. She is a founding member of the Carpe Diem String Quartet, a devoted and sought-after chamber musician and teacher, and a gifted composer and arranger. Named as one of *Strings Magazine's* "25 Contemporary Composers to Watch," Korine has received multiple commissions including works for opera, chamber ensembles, chorus, concerti, and music for modern dance. Her works have been performed throughout the United States, Canada, Great Britain, Italy, The Netherlands, Switzerland, Spain, Australia, China, and Japan. Critics have remarked of Ms. Fujiwara's music, "The ear is forever tickled by beautifully judged music that manages to be sophisticated and accessible at the same time," (*Fanfare Magazine*); "She knows how to exploit all the resources of string instruments alone and together" (*Strings Magazine*). "Fujiwara beautifully meets the challenge of weaving together different emotions across generations that make sense musically while delighting the ear," (*WOSU Classical 101 by Request*); "Fujiwara's music is rich and beguiling throughout," (*The Columbus Dispatch*); "Artfully layered and knitted together," (*The Wall Street Journal*). Korine is a recipient of an Opera America Commissioning Grant from the Opera Grants for Female Composers program, made possible through the generosity of The Virginia B. Toulmin Foundation, for her award-winning composition *The Flood*, with Stephen Wadsworth, librettist, premiered in full production by Opera Columbus and ProMusica Chamber Orchestra in February 2019. Ms. Fujiwara holds degrees from The Juilliard School and Northwestern University and began her orchestral career with the Brooklyn Philharmonic and the ProMusica Chamber Orchestra of Columbus. She was also a member of the Columbus Symphony Orchestra, where she held the position of Acting Assistant Principal Second Violin. Korine performs on a 1790 Contreras violin, 2004 Kurt Widenhouse viola, and bows by three of today's finest makers, Paul Martin Siefried, Ole Kanestrom, and Charles Espey, all of Port Townsend, WA. Outside of her musical endeavors, she enjoys chocolate, ramen, and geocaching.



**Ariana Nelson**, cellist, is primarily based in Houston where she was a member of the Houston Grand Opera Orchestra. She frequently performs with other ensembles in the Houston area, including the Houston Symphony, Houston Ballet, and is a core member of the new music collective Loop38. She is an avid proponent of new music and loves experimenting with different styles, including improvisation and folk music. Her eclectic tastes have led her to appearances at Jazz at Lincoln Center, performances for patients recovering in Mount Sinai Hospital's transplant ward, and a performance with Yo-Yo Ma's Silk Road Ensemble at Tanglewood. In recent summers Ariana has performed at Grand Teton Music Festival, Strings Music Festival, Fontainebleau Conservatoire Américain, Spoleto Festival USA, Tanglewood

Music Center, Aspen Music Festival and School, Le Domaine Forget Chamber Music Festival, the Olympic Music Festival, and the Zephyr International Chamber Music Festival in Italy. A graduate of the Juilliard School and Rice University's Shepherd School of Music, Ariana is an adjunct faculty member at Texas Southern University, maintains a private cello studio, and is a coach for AFA's Chamber Music Academy. She is originally from Seattle, WA, and when not making music enjoys hiking, yoga, and podcasting.

**Chris Burns** is principal bassist of Symphony Tacoma. He is also an active freelance musician, performing regularly with the Seattle Symphony, Seattle Opera, and Pacific Northwest Ballet. Chris has been a featured soloist in concerto performances with Symphony Tacoma, Butte Symphony, and the University of Montana Orchestra, as well as in numerous recitals and chamber music collaborations. Chris earned his Bachelors of Music from the New England Conservatory in Boston, and was a Fulbright Scholar at the Universität für Musik in Vienna, Austria. In addition to his performing career, Chris is also the orchestra director at Narrows View Intermediate School in the University Place School District, WA, and was the 2015 UPSD "Teacher of the Year."



### **About the PLU School of Music, Theatre & Dance**

The PLU School of Music, Theatre & Dance is a nationally recognized center for musical performance, education, and community. From early in the morning to late at night students are practicing, studying, collaborating, and sharing their passion for musical growth. The Mary Baker Russell Music Center, an architectural and acoustical jewel on the PLU campus, houses the exquisite Lagerquist Concert Hall, spectacular Gottfried and Mary Fuchs Organ, and impressive rehearsal and classroom facilities. Our faculty—exceptional performers, composers, authors, and educators—consistently demonstrate artistry and musical leadership, dedication to nurturing talent, fostering an inclusive learning environment, and encouraging musical opportunities for all students. Every student at PLU who wishes to participate in exciting activities can be accommodated regardless of major. Degree programs include Bachelor of Arts (music and liberal arts), Bachelor of Musical Arts (music combined with an outside field), and Bachelor of Music (in performance or composition). The Bachelor of Music Education is offered for those intending to become music teachers in the public schools. For additional information, please call (253) 535-7602 or e-mail [music@plu.edu](mailto:music@plu.edu).

The PLU Orchestras (the University Symphony Orchestra and KammerMusikeren, a chamber orchestra) provide a valuable training ground for orchestral musicians, preparing students for all aspects of orchestral performance. Through more than a dozen performances each season, they help celebrate important campus events, preserve and perpetuate the rich cultural tradition of our university and region, and enliven the campus-wide pursuit of the larger questions that face our students and members of our community. For more information about orchestral and string study at PLU, visit these web sites: [www.plu.edu/symphony](http://www.plu.edu/symphony), [www.plu.edu/strings](http://www.plu.edu/strings), and follow the PLU Orchestras at [facebook.com](https://www.facebook.com).

**PLU Honor Orchestra 2025**  
*Members (listed alphabetically in sections)*

**Violin 1**

Jastina Boyko  
*Auburn Mountainview High School*  
Johanna Bozhko  
*Kent Meridian High School*  
Nicholas Brazier  
*Central Kitsap High School*  
Nicole Fernandez  
*Auburn Riverside High School*  
Somika Heng  
*Curtis High School*  
Yita Huang  
*Tahoma High School*  
Lyllian Koch  
*Bethel High School*  
Aiku Montilla  
*Auburn Riverside High School*  
Jack Myers  
*Enumclaw High School*  
Bailey Noble  
*Emerald Ridge High School*  
Jeremy Song  
*Charles Wright Academy*  
Aidan Stevens  
*Curtis High School*  
Sarah Sutton  
*Olympic High School*  
Josh Vandt  
*Graham Kapowsin High School*  
Hailey Vaught  
*Central Kitsap High School*  
Victor Zinchuk  
*Richland High School*

**Violin 2**

Tatianna Berganio  
*Auburn Riverside High School*  
Violet Boeddeker  
*Central Kitsap High School*  
Mason Bruegeman  
*Port Angeles High School*  
Ava Carlisle  
*Curtis High School*  
Christian Fallis  
*Emerald Ridge High School*  
Grant Fujiwara  
*Curtis High School*  
Alyn Jimenez Garcia  
*Graham Kapowsin High School*  
Eleanor Hixon  
*River Ridge High School*  
Eryn Johnson  
*Tahoma High School*  
J Lopez  
*Bethel High School*  
Noel Lee  
*Curtis High School*  
Kayleena Miesen  
*Tahoma High School*

Felicity Puryear  
*Tahoma High School*  
Kamryn Raybell  
*Tahoma High School*  
An-Thien Vo  
*Tahoma High School*

**Viola**

Marcelene Alina  
*Central Kitsap High School*  
Alan Arriola  
*Bethel High School*  
Allison Black  
*Auburn Mountainview High School*  
Wrowen Berry  
*Curtis High School*  
Violet Knobel  
*Port Angeles High School*  
Christian Lee  
*Tahoma High School*  
Salvador Mendoza  
*River Ridge High School*  
Lillian Mitchell  
*River Ridge High School*  
Lena Olson  
*Richland High School*  
Hyein Park  
*Auburn Riverside High School*  
Giann Rabena  
*Enumclaw High School*  
Alisha Rajan  
*Auburn Riverside High School*  
Maya Shekar  
*Mount Si High School*  
Khari Stewart  
*Bellarmine Preparatory School*  
Lexi Tagavailoa  
*Emerald Ridge High School*  
Lynn Terrill  
*Emerald Ridge High School*  
Logan Vaught  
*Central Kitsap High School*  
Ava Yu  
*Auburn Riverside High School*

**Cello**

Sasha Albritain  
*Bethel High School*  
Jadon Alina  
*Central Kitsap High School*  
Phoebe Andersen  
*Mount Si High School*  
Errin Bilson  
*Auburn Riverside High School*  
Aiden Carlile  
*Central Kitsap High School*  
Zoe Chao  
*Bellarmine Preparatory School*

Mason Dixon Weaver  
*Bethel High School*  
Tiernan Flynn  
*Curtis High School*  
Teagan Foster  
*Curtis High School*  
Landon Furry  
*Auburn Mountainview High School*  
Shae Hrivnak  
*Emerald Ridge High School*  
Logan Keeley  
*Central Kitsap High School*  
Daniel Lee  
*Emerald Ridge High School*  
Addison Lee  
*Tahoma High School*  
Romy Ludy  
*Bethel High School*  
Stephan Rivera  
*Auburn Riverside High School*  
Frisk Simmons  
*Graham Kapowsin High School*  
Gen Thorum  
*Enumclaw High School*

**Bass**

Jasmine Abiva  
*Bethel High School*  
Noah Deshler  
*Curtis High School*  
Nolan Eastwood  
*Curtis High School*  
Zoey Flinchbaugh  
*Graham Kapowsin High School*  
Justin Hovey  
*Auburn Mountainview High School*  
Nadine Jensen  
*River Ridge High School*  
Kai Johnson  
*River Ridge High School*  
Kaylyn Means  
*Enumclaw High School*  
Eliezer Mordo  
*Auburn Mountainview High School*  
Aidan Parker  
*Bellarmine Preparatory School*  
Gabe Rosales  
*North Thurston High School*  
Abraham VanDevender  
*Richland High School*  
Ana Villa  
*Kitsap Philharmonic*  
Jady Washington  
*Bethel High School*

**Nominating Teachers**

Sarah Berglund  
*Richland High School*  
Michael Berry  
*Emerald Ridge High School*  
Samuel Booth  
*Bellarmine Preparatory School*  
Matthew Cole  
*Tahoma High School*  
Brian Dean  
*Charles Wright Academy*  
Rebecca Gage  
*North Thurston High School*  
Anna Gildon  
*Graham Kapowsin High School*  
Matthew Grenzner  
*Curtis High School*  
Timothy Hager-Wentz  
*Enumclaw High School*  
Jon Heintz  
*Auburn Mountainview High School*  
Rebecca Pelandini  
*Bethel High School*  
Nathan Rodahl  
*Port Angeles High School*  
Robbie Rutherford  
*Mount Si High School*  
Adam Rupert  
*Kent Meridian High School*  
Austin Schlichting  
*River Ridge High School*  
Melinda Wharton  
*Auburn Riverside High School*  
Paul Williams  
*Olympic High School*  
Michael Woods  
*Central Kitsap High School*  
Michael Woods  
*Kitsap Philharmonic*