



Sean Whalen

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Clinical Experience

Mental Health Counselor

7/1/17 - Present

South Sound Behavior Associates

- Provide counseling/cognitive behavior therapy to juvenile clients referred through juvenile court and other clients
- Develop treatment plans, maintain records, provide quarterly reports to referring agencies
- Provide individual and group therapy to outpatient clients ranging from 10 – 40 years of age using a variety of therapeutic interventions including CBT, DBT, SFBT, Gottman-based couples therapy, IPT, and client-centered therapy

Licensed Mental Health Counselor and Interim Prevention Specialist

9/1/22 – 5/31/23

Counseling, Health and Wellness Services, University of Puget Sound

- Provide individual and group counseling to referred university students
- Conduct Recommendation and Referral sessions for students to triage and refer to appropriate service.
- Design and conduct outreach activities to campus community groups including Greek Life, Residential Life, and others
- Conduct mandatory assessments for students referred due to violation of campus substance use/possession policies
- Provide crisis intervention and self-harm risk assessment for students in crisis.

Doctoral Intern

8/1/23 – 7/31/24

Counseling, Health and Wellness Services, University of Puget Sound

- Provide individual and group counseling to referred university students
- Conduct Recommendation and Referral sessions for students to triage and refer to appropriate service.
- Design and conduct outreach activities to campus community groups including Greek Life, Residential Life, and others
- Conduct mandatory assessments for students referred due to violation of campus substance use/possession policies
- Provide crisis intervention and self-harm risk assessment for students in crisis.

Psychology Associate

6/1/21 - Present

Pearl Youth Residence, Comprehensive Life Resources

- Conduct diagnostic evaluations for children's long-term inpatient psychiatric (CLIP) residents between ages of 12 and 18
- Develop treatment plans, maintain records for assigned residents
- Provide consultation with other members of multidisciplinary treatment team
- Conduct individual, family, and group therapies for residents

On-Call Counselor

Counseling, Health and Wellness Services: University of Puget Sound

5/1/22 – 8/2022



- Provide counseling/cognitive behavior therapy to assigned university students
- Develop treatment plans, maintain records, provide consultation to multidisciplinary team
- Conduct screening for mandatory assessment due to violation of campus substance-use policies

Counseling Practicum Student

8/1/20 – 5/30/21

Counseling, Health and Wellness Services: University of Puget Sound

- Provide individual therapy to referred university students
- Consult with medical and other providers in multidisciplinary team
- Co-facilitate DBT skills group
- Facilitate affinity group discussions
- Provide outreach services to Residential Life offices and staff

School Psychologist, Auburn School District

9/1998- 8-1999

- Evaluate students for eligibility for special programs under IDEA and Section 504
- Consult with teachers and other educators for academic and behavioral intervention
- Provide direct social and behavioral intervention in individual and group settings

School Psychologist, Fife Public Schools

9/1999 – 7/2004

- Evaluate students for eligibility for special programs under IDEA and Section 504
- Consult with teachers and other educators for academic and behavioral intervention
- Provide direct social and behavioral intervention in individual and group settings

Administrative Experience

Special Education Director, Clover Park School District 7/2015 - 7/2017

- Monitor and manage compliance with state and federal special education guidelines for a medium-sized, urban school district
- Hire, supervise, and manage special education supervisors, consulting teachers, office staff, and district-wide specialists
- Collaborate with building principals in the development and implementation of special education programming
- Participate in district committees, including developing culturally responsive practices, collective bargaining, and evaluation of classified and certificated staff
- Collaborate with other district leaders in the development of comprehensive programs to promote school readiness for preschoolaged students and college- and career readiness for students K-21

Director of Student Services, Peninsula School District

6/2013 – 7/2015

- Monitor and manage special education services Pre K-21 for Peninsula School District
- Supervise management of LAP, Title I, ELL, and other categorical funding programs for the district
- Supervise the administration of district's ECEAP program
- Supervise and provide professional development for district counseling and nursing services
- Collaborate in the development and management of programming for highly capable students
- Participate in district equity, labor-management, and early learning committees; collaborate with schools and other district departments to provide special education and general education services.



Principal/Director, ReLife School

6/2009-6/2012

- Supervise and manage special education program for students in a self-contained, regional intervention program for students with emotional and behavioral disturbance.
- Supervise and manage all building operations, staff recruiting, hiring, and evaluation for agency program staff
- Develop and provide professional development training for agency staff and for members of the regional co-operative, including classified and certificated staff
- Participate in leadership academy at Puget Sound Educational Service District

Special Education Director, Fife Public Schools

7/2004 – 7/2009

- Supervise and manage special education program for students in a small, suburban/rural school district
- Recruit, hire, and evaluate itinerant special education staff
- Develop and implement district policies and procedures for implementation of state and federal special education regulations
- Manage community partnerships and participate as board member for North Pierce County Community Coalition
- Coordinate services with community mental health agencies and manage 21st century grant funds

Teaching/Training Experience

Visiting Instructor/Research Associate

Pacific Lutheran University

Develop and teach undergraduate courses in psychology including:

- Clinical Psychology I (Psychopathology)
- Clinical Psychology II (Counseling and Clinical Methods)
- Mindfulness and Modern Psychology

Alaska Pacific University

9/21 - present

Serve as graduate teaching assistant designing and delivering instruction to MSCP and PsyD students in assessment, intervention, and Cognitive/Affective Bases of Behavior courses.

- Attend and support in-person instruction during intensive course weekends
- Design and deliver instruction via distance learning during e-sessions between intensive weekends
- In consultation with supervising professor develop learning assessments including exams and weekly discussion questions

Enumclaw School District

11/18, 2/19

- Designed and delivered customized program for school district to identify and address perceived threats made by students.

Pacific Lutheran University

8/14 ,8/16

- Co-taught university course (EDUC 583) for undergraduate and graduate students in serving students with special needs in regular public schools



University of Puget Sound

10/98 - 9/2006

- Taught undergraduate courses in Introductory Psychology and Abnormal Psychology as adjunct instructor
- Taught graduate course in Individual Differences to Master of Arts students in education and counseling

University of Montana

8/93 - 5/97

- Taught undergraduate courses in Introductory Psychology
- Graduate teaching assistant in Introduction to Clinical Psychology
- Trainer for foster parents through grant-funded program across the state of Montana

Education

Alaska Pacific University

8/19 - Present

Currently enrolled in Doctorate in Psychology (PsyD) program in Counseling Psychology.

University of Puget Sound

9/2004 – 8/2006

Completed coursework and internship leading to initial certification as a public education program administrator in Washington State

University of Montana

9/1993 – 5/1999

Completed coursework, practica, and internships for a Master of Arts degree in Clinical Psychology with emphases in Clinical Neuropsychology and School Psychology

Pacific Lutheran University

9/1989 – 5/1993

Completed coursework for a Bachelor of Science degree in Psychology with a minor in Biology

Licenses/Certificates Currently Held

Licensed Mental Health Counselor, Issued by Washington State Department of Health

- Certificate number LH61270188

Certified Sex Offender Treatment Provider, Issued by Washington State Department of Health

- Certificate number AF60807840, expires 9/20/22

References

Karen Feller, LICSW: Supervising SOTP 7/17 – Present

karenmfeller@gmail.com (253) 208-0987

Khalila Fordham, PsyD: Supervising Psychologist 8/20 – Present

kfordham@pugetsound.edu (843) 323-5472

Charee Boulter, PhD: Supervising Psychologist, Psychology Training Director UPS 8/20 – 5/21

(253) 222-8787

Kelly Brown, PhD. Director, Counseling Health and Wellness Service, University of Puget Sound

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(253) 879-3778

