



# STAIR-Well

## Implementation Workflow

### Clients Screened

Using UCC intake process or hardcopy, clients are screened using the PCL5. Eligible clients will have 31 or higher on the PCL-5. Use clinical judgement for scores in the high 20s and would benefit receiving STAIR

1

### Offer STAIR to Clients

Present STAIR as a potential treatment option to clients. Add STAIR clients to STAIR-Well database

2

When invited, share your feedback about STAIR implementation with through paid surveys, interviews, & role-plays

3

### Administer through the STAIR-Well Database

### Baseline Measures

Before or at the first session.

Measures: Demographics, LEC, PCL5, PHQ-8, CAQ

### At Each Session

Measure: ITQ

### Post-Treatment Measures

At or after the last session.

Measures: PCL5, PHQ-8, CAQ, AIM, IAM, FIM

4

In the database:

1. Mark session as final session.
2. Check off treatment complete.

5

### Three & Six Months Follow-Up

When prompted by an email from the database, send follow-up assessment link by email or secure message to client.

Measures: PCL5, PHQ-8, CAQ, ITQ