

# ADAPTED PHYSICAL ACTIVITY ENGLAND

J-TERM 2026



## COURSE OPTION

KINS 326

## PREREQUISITES

2.0 minimum GPA

## CREDIT

4

## APPLICATION

- Apply online at [studyaway.plu.edu](https://studyaway.plu.edu)
- Application Requirements:
  - \$50 non-refundable application fee
  - Application questions
  - 3 short-answer essays (250 words each)
  - 1 faculty recommendation
  - Following the online application process, you may be contacted by the faculty leader(s) for an interview
- April 15th: Application Deadline
- May 2nd: Decision Date

## PROGRAM FEE

- Final program fee will be determined April 1, 2025. Check [studyaway.plu.edu](https://studyaway.plu.edu) for pricing and details about inclusions and exclusions.
- \* Global Scholar Award eligible (25% reduction of program fee)

## COURSE OVERVIEW

This class is designed to increase student's overall awareness, knowledge and perception of individuals with a disability in the United States and in England. Knowledge and techniques acquired in this class will lead students to have a better idea of how to develop, implement and evaluate adapted physical activity programs for individuals with various disabilities. Students will also develop an appreciation for individuals with physical disabilities and for adapted athletes by actively participating in different adapted sports. We will be traveling to England to meet with professional Paralympic athletes, see the birthplace of Paralympics and sit in on classes focusing on adapted sports at Worcester University. This class will make you rethink the capabilities of the human body.

## FACULTY LEADER

**Charlie Katica**  
*Associate Professor of Kinesiology*  
[katicacp@plu.edu](mailto:katicacp@plu.edu)



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