

# UNIDAD DE SALUD BENEFICIO MEXICO SOLEDAD PERAS

SOCIAL DETERMINANTS OF HEALTH IN OAXACA:  
UNDERSTANDING THE COMPLEXITIES



J-TERM 2026



## COURSE OPTION

NURS 487 or GNUR 587/687

## PREREQUISITES

2.0 minimum GPA

## CREDIT

4

## APPLICATION

- Apply online at [studyaway.plu.edu](https://studyaway.plu.edu)
- Application Requirements:
  - \$50 non-refundable application fee
  - Application questions
  - 3 short-answer essays (250 words each)
  - 1 faculty recommendation
  - Following the online application process, you may be contacted by the faculty leader(s) for an interview
- April 15th: Application Deadline
- May 2nd: Decision Date

## PROGRAM FEE

- Final program fee will be determined April 1, 2025. Check [studyaway.plu.edu](https://studyaway.plu.edu) for pricing and details about inclusions and exclusions.
- \* Global Scholar Award eligible (25% reduction of program fee)

## SPECIAL NOTE

This course is open to all undergraduate and graduate students. No prior Spanish language experience required.

## COURSE OVERVIEW

This highly experiential learning opportunity offers both a historical and contemporary exploration of the local, including Indigenous, communities involving interactive learning. Students have the opportunity to apply concepts learned about the social determinants of health to local artisans, cooperatives, markets, orphanages, schools, and healthcare facilities. Students will also have the opportunity to learn from local herbalists and experience the practices of traditional healers. Additionally, they will actively contribute to the community by conducting health screenings and educational sessions predominantly in Indigenous communities. Students will be responsible for documentation and data collection on the services provided. Excursions are designed to provide insight into the use of local resources to meet their physical and mental health needs. Throughout these engagements, a commitment to maintaining a public health perspective will be maintained. The knowledge gained from these experiences will prove invaluable in comprehensively understanding social determinants of health and their profound impact on healthcare access and treatment modalities.

## FACULTY LEADER

**Carrie Ann Matyac**  
*Assistant Professor  
of Nursing*

[matyacca@plu.edu](mailto:matyacca@plu.edu)



[plu.edu/studyaway](https://plu.edu/studyaway)

